

NOCTURNAL SCRATCH



Digital Measures Development

The [Nocturnal Scratch](#) project provided resources, including patient research, measure ontology, and clinical trial and payer best practices, to advance the broad acceptance of nocturnal scratch as an evidence-based, meaningful endpoint for atopic dermatitis (AD).



CPIMs serves as an opportunity for the [Center for Drug Evaluation and Research](#) (CDER), a branch of FDA, to engage in conversation about the meeting requester's proposal.

The Playbook

The Opportunity

- » The Nocturnal Scratch consortium was working on the development of the nocturnal scratch measure.
- » The team wanted to follow best practices for the development of a novel digital clinical measure to improve likelihood of regulatory acceptance.

The Impact

- » By engaging with regulators through the CPIM pathway, as described in [The Playbook](#), the Nocturnal Scratch project team was able to discuss the concept of the nocturnal scratch measure, its meaningfulness to patients, ontologies and context of use with members from FDA's [Center for Devices and Radiological Health](#) (CDRH) and CDER.
- » From those conversations, the team **gained valuable learnings** early on in the project, which pointed them in the right direction for future measure development and helped them **mitigate potential issues**.
- » Additionally, because CPIM meetings are agnostic to technology or drug, the team was able to discuss measure science **applicable for other future technology and trial uses**.

The Resource

- » The Nocturnal Scratch project team reviewed the [Regulatory Quick Start Guide](#) within the [Pharma Exec Dossier](#) of [The Playbook: Digital Clinical Measures](#), which serves as a guide for interacting with the [FDA](#) regarding novel endpoint development.
- » Ultimately, they leveraged the [Critical Path Innovation Meetings](#) (CPIM) pathway, a regulatory mechanism that is outside an individual drug development program.